

Statement of intent for the Personal, Social, Health and Citizen Education (PSHCE) curriculum

Personal, Social, Health and Citizen Education enables our pupils to become healthy, independent and responsible members of society. It helps pupils understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our pupils with opportunities to learn about their rights and appreciate what it means to be a member of a diverse society. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. When pupils leave Heald Place, they will do so with the knowledge, understanding and emotional intelligence to be able to play an active, positive and successful role in today's diverse society. We want our pupils to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it!

Our PSHCE curriculum results in the acquisition of knowledge and skills which will enable pupils to access the wider curriculum and to prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Health Education enables our pupils to learn how to be tolerant and accepting of others as well as how to understand and develop healthy and safe relationships.

PSHCE is taught through six half-termly topics: Mental and Emotional Health; Positive Relationships; Keeping Safe; Living in the Wider World; Healthy Lifestyles; and Relationships and Health Education. The starting point for our curriculum is the revised EYFS framework 2021 and the prime area of learning, Personal, Social and Emotional Development, and the Statutory Guidance for Relationships and Health Education 2021. The teaching and learning of PSHCE is supported by IMatter materials provided by Manchester Healthy Schools.

We believe that focusing on developing a growth mindset will help our pupils to build resilience; develop confidence and independence as learners; embrace challenge; foster a love of learning; and increase their level of well-being. We do this through the language we use in class, praising pupils for their efforts, and using language to encourage pupils to change their way of thinking. This supports both our school and PSHCE intent and values, and we focus on growth mindsets in all aspects of school life. Visitors, such as emergency services and the school nurse, complement our PSHCE curriculum to offer additional learning opportunities. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. Assemblies are linked to PSHCE, British Values, SMSC and cover any additional sessions that would benefit the whole school.

By the time our pupils leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy and safe relationship, including online, with their peers both now and in the future.
- understand being safe, including online safety, at an age appropriate level and how to report any concerns
- have a positive self-esteem, confidence and independence.